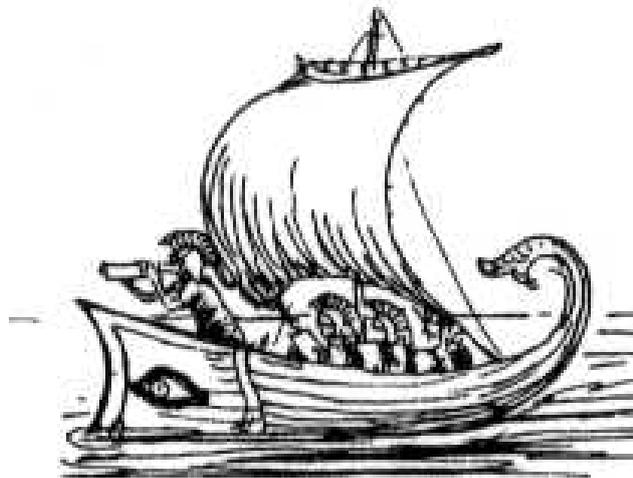


ATLANTIS

ATLANTIS
WEEKEND SPECIAL

2 COURSE MEAL
£11.95

CHOICE OF ANY STARTER
AND MAIN COURSE
(FRIDAY AND SATURDAY ONLY)



MENU



The Atlantis Meze

A Greek feast guaranteed to satisfy even the most insatiable appetites!

This favourite menu includes generous portions of the following:

STARTERS:

TARAMOSALATA: Smoked cod roe creamed with oil, lemon juice and onion.

HOUMOUS: [-'Chickpeas creamed with sesame oil, lemon juice and garlic (contains nuts)

TZATZIKI: Yoghurt mixed with cucumber, mint and garlic.

DOLMADES: A savoury dish of vine leaves stuffed with rice and herbs.

GIGANTES: Butter beans cooked in tomato sauce.

KALAMARI: Tender squid marinated and deep - fried.

KING PRAWNS: Grilled juice prawns with lemon juice, garlic, olive oil and spring onions.

PRAWN COCTAIL

MAIN COURSES:

KLEFTIKO: Tender lamb on the bone, roasted to perfection in the oven with Greek spices and herbs.

CHICKEN KEBAB: Grilled, boneless marinated chicken pieces.

KEFTEDAKIA: Meatballs, minced lamb seasoned with herbs.

GREEK SAUSAGES: Smoked minced meats, blended with coriander and red wine.

GREEK SALAD

DESSERT:

ICE CREAM

BACLAVA (contains nuts)

Available all week at £13.95 (per person)

Minimum 2 covers

VAT INCLUSIVE

86 PITSHANGER LANE, EALING, LONDON W5 1QX TEL: 020-8810 8836



Starters

HALF PRICE SUNDAY-THURSDAY

		½ price
SOUP: Soup of the day.	£5.50	£2.75
TARAMASALATA: Smoked cod roe creamed with oil, lemon juice and onion.	£5.00	£2.50
HOUMOUS: Chick peas creamed with sesame oil, lemon juice and garlic (contains nuts)	£5.00	£2.50
PRAWN COCKTAIL	£5.50	£2.75
KEFTEDAKIA: Minced lamb meatballs, seasoned with herbs	£6.00	£3.00
GREEK WINE SAUSAGES: Minced smoked pork, blended with red wine and coriander.	£6.00	£3.00
MUSHROOMS A LA GREC: Mushrooms cooked in garlic tomato sauce.	£6.00	£3.00
TZATZIKI: Greek strained yoghurt mixed with cucumber, mint and garlic.	£5.00	£2.50
HALOUMI: Traditional Goat's cheese from Cyprus.	£6.50	£3.25
SAGANAKI: Mature Greek cheese, shallow fried in olive oil.	£6.00	£3.00
KALAMARI: Tender squid marinated and deep fried.	£6.50	£3.25
KING PRAWNS: Juicy grilled prawns marinated in olive oil, garlic and lemon.	£6.50	£3.25
PRAWN SAGANAKI: prawns cooked in a rich tomato sauce with chopped onions peppers and feta cheese.	£6.50	£3.25
DOLMADES: A savoury dish of vine leaves stuffed with rice and herbs.	£6.00	£3.00
SPANAKOPITTA: Cheese and spinach pies, feta cheese, spinach and herbs wrapped in flaky filo pastry.	£6.00	£3.00
GRILLED FRESH VEGETABLES: Served in an olive oil and garlic dressing, with tzatziki.	£6.00	£3.00
GARLIC BREAD	£3.50	£1.75
GARLIC BREAD WITH CHEESE	£4.00	£2.00
PITTA BREAD	£0.40	£0.20



MAIN COURSES

HALF PRICE SUNDAY-THURSDAY

½ price

MEAT DISHES

MOUSAKA: minced lamb, sliced aubergines, courgettes, potatoes and Tomatoes, crowned with a béchamel sauce (contains nuts).	£15.95	£7.95
LAMB KEBAB: New seasoned lamb marinated and grilled.	£16.50	£8.25
KLEFTIKO: Tender lamb on the bone, roasted to perfection in the oven with Greek spices and herbs.	£16.50	£8.25
BEFTEKI ATLANTIS: Minced lamb and onion burgers, topped with melted cheese.	£15.95	£7.95
MIXED GRILL: A selection of various grills. (Lamb, pork, chicken, befteki and sausages).	£16.50	£8.25
YIOUVETSI: Tender lamb cooked in tomatoes, onions and herbs and served on pasta, rice cheese baked in the oven.	£15.95	£7.95
ARNI HORIATIKO: Diced lean lamb braised with tomatoes and onions, served with Haricot beans.	£15.95	£7.95
MIXED KEBAB: New seasoned lamb, pork and boneless marinated chicken grilled.	£15.95	£7.95
STIFADO: Pieces of lean beef cooked in red wine, onions and tomatoes.	£15.95	£7.95
CHICKEN KEBAB: Boneless chicken breast pieces marinated and Char grilled.	£15.95	£7.95
KOTOPOULO LEMONATO: Boneless breast of chicken marinated and cooked with cream, lemons and white wine.	£15.95	£7.95
PORK ESCALOPE: Marinated fillet of pork in a tomato sauce topped with melted cheese.	£15.95	£7.95

ABERDEEN SIRLOIN STEAK EXTRA MATURE* : Served with fries and salad	£11.50	
---	--------	--

FISH

HALIBUT: Grilled and served with green beans, potatoes and salad.	£15.95	£7.95
SWORDFISH STEAK: Steak in a creamy cheese and chive sauce.	£15.95	£7.95
SALMON: fresh salmon steak grilled and served with seasoned new potatoes and green beans.	£15.95	£7.95
SEABASS: Freshly grilled with olive oil and lemon dressing, served with seasonal new potatoes and green beans.	£10.00	

VEGETARIAN

DISH OF THE DAY	£15.50	£7.75
GREEK SALAD: traditional Greek salad with olives, dolmades, chillies and feta cheese.	£12.00	£6.00

All our main courses are served with rice, potatoes and salad

***£2.00 extra on the "Weekend Special" not included in the half price offer**

86 PITSHANGER LANE, EALING, LONDON W5 1QX TEL: 020-8810 8836



HOUSE WINES

	Bottle Price 750ml	Carafe 500ml	125ml glass
Red			
A classic full bodied dry red wine bottled in Greece	£12.50	£7.95	£3.25
White			
A light crisp wine bottled in Greece	£12.50	£7.95	£3.25
Kernos Retsina			
Fruity flavour and soft resinated aroma	£12.50	£7.95	£3.25
Rose			
Fruity and soft flavour	£12.50	£7.95	£3.25

RED WINES

	Bottle price
Erasmios Agiorgitiko	
This fine dry red is truly one of its kind, with a rich velvet flavour distinct presence of tannins and pleasant vanilla aftertaste.	£16.95
Damaskinos V.Q.P.R.D	
Silver medal winner in Athens 2004. a deep red colour, rich sweet aroma of dried fruits and spices, full bodied with mature tannins	£16.95
Syrah	
Deep red colour, complex aromas of small red fruits and spices with a rich velvety taste	£15.95
Makedonikos Red	
A medium red wine with a rich red aroma and smooth after taste	£15.50
Progoros Red	
A dry red wine from the Lafazanis winery.	£14.50
Rioja	
A red wine with great balance of fruit and oak	£15.95



WHITE WINES

	Bottle price
Lafazanis Sillogi A dry white wine with golden green reflections which characterises Its noble aromas of lemon blossom and tropical fruits, followed By a rich smooth aftertaste	£16.95
Dogmatikos Its colour betraying its provenance from red grapes, especially rich aromas which characterises the wine making method.	£16.50
Makedonikos White Medium dry white wine, smooth with rich and fine aroma	£15.50
Progoros White A dry white wine from the Lafazanis winery	£14.50
Pinot Grigio A popular light, crisp white wine	£15.50
Champagne Selected by the house	£25.00
Sparkling wine Selected by the house	£15.95
Bottled Beers (330ml) (Keo, Mythos or Budweiser)	£3.25
Liqueurs Various	£2.95
Soft Drinks Coke, Diet Coke, Tango, 7up	£2.25
Juices Orange, Apple, Cranberry, Pineapple	£2.25
Mineral Water still or sparkling 750 ml bottle 330 ml bottle	£3.50 £1.95